

ALLERGENS

STARTERS

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Soup							YES		YES					
Salt & Pepper Shrimp	YES	YES		YES										
Mushroom Ciabatta	YES		YES				YES							
Smoked Mackerel Croquette	YES			YES										
Meatballs	YES													
Gambas Pil Pil	YES	YES		YES			YES							
Duck Spring Roll	YES		YES			YES								
Goats Cheese Tartlet	YES		YES				YES							
Baked Cambebert	YES						YES							
Mezze Board	YES								YES		YES			

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MAINS

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Fish														
Pan Fried Seabass				YES										
Fish & Chips	YES			YES								YES		
Sesame Crusted Salmon	YES		YES	YES		YES					YES			
Pan Seared Tuna			YES	YES						YES				
Steaks														
Chateaubriand	YES													
Prime Ribeye	YES													
Rump Steak	YES													
Fillet Steak	YES													
Chefs Specialities														
Feta Lamb							YES							
Crisp Belly Pork	YES													
French Trim Chicken							YES							

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Burgers														
Prime Burger	YES						YES							
Cajun Sizzler	YES						YES							
Cypriot Halloumi	YES						YES							
Salads														
Chicken Ceaser	YES		YES	YES			YES							
Authentic Greek							YES							
Chilli Beef & Noodle	YES					YES					YES	YES		
Goats Cheese & Beetroot							YES	YES				YES		
Los Angelas Cobb			YES				YES			YES				

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SIDES

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Fries														
Sweet Potato Fries														
Chunky Chips														
Truffle Fries							YES							
Mashed Potato							YES							
Mixed Veg														
Rocket, Parmesan Salad							YES							
Garlic Bread	YES						YES							
Onion Rings	YES													
New Potatoes							YES							

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DESSERTS

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Italians Donuts	YES						YES							
Cheesecake of the Day	YES		YES				YES							
Crumble of the Day	YES		YES				YES							
Cosy Sticky Toffee Pudding	YES		YES				YES							
Creme Brule			YES				YES							
Cheese Board	YES						YES		YES					
Selection of Ice Creams							YES							

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BREAKFAST

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Full English	YES		YES											
Vegan Full English	YES													
Eggs Benedict	YES		YES				YES			YES				
Eggs Florentine	YES		YES				YES							
Eggs Royale	YES		YES	YES			YES							
Crushed Avocado	YES		YES				YES							
Smoked Salmon Omlette			YES	YES			YES							
Ham & Cheese Omlette			YES				YES							
Vegetable Omlette			YES				YES							
Bacon Roll	YES						YES							
Sausage Roll	YES						YES							
Bacon, Egg & Sausage Roll	YES		YES				YES							
Porridge	YES						YES							
Pancakes	YES		YES				YES							

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LIGHT BITES

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Sandwiches							YES							
Egg & Mayo	YES		YES				YES							
Ham & Mustard	YES						YES			YES				
Cheddar & Red Onion	YES						YES							
Prawn & Pickled Cucumber	YES			YES			YES					YES		
Club Sandwich	YES		YES											
Steak Ciabatta	YES		YES											
Vegetable & Houmous Wrap	YES										YES			
Bacon Roll	YES		YES				YES							
Sausage Roll	YES		YES				YES							
Bacon, Egg & Sausage Roll	YES		YES				YES							
Smoked Salmon Omlette			YES	YES			YES							
Ham & Cheese Omlette			YES				YES							
Vegetable Omlette			YES				YES							

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KIDS

Dish	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Beef Burger	YES													
Chicken Goujons	YES													
Fish Goujons	YES			YES										
Mini Meatballs Pasta	YES		YES											
Cheese & Tomato Pizza	YES						YES							
Ice Cream							YES							
Nutella Pizza	YES						YES	YES						
Brownie	YES		YES				YES							